



## **CHEERLEADING REGISTRATION**

REGISTRATION FEES  City of South Miami Residents- \$100	180
CHECK LIST  Completed Registration Form Signed  Completed Waiver, Release & Indemnification Form Signed  Miami Extreme Physical and Medical Form Signed  Latest Copy of Report Card  Participant's Headshot Photo (must be a recent color photo)  Copy of Birth Certificate  Proof of Residency (South Miami Residents only) (i.e. copy of driver's license; recent utility bill, vehicle registration)  Registration Payment  CITY OF SOUTH MIAMI	
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CITY OF SOUTH MIAMI	
PARKS AND RECREATION DEPARTMENT	
5800 SW 66 Street, South Miami, FL 33143	
p: (305) 668-3876 e: parks@southmiamifl.gov w: southmiamifl.gov	-
OFFICE USE ONLY	
All forms completed, signed, witnessed, etc.	
Confirmation of birth certificate and age of participant.	
Confirmation of residency with acceptable form(s) of identification.	
Confirmation of address and phone numbers in RecPro.	
Update household in RecPro if necessary.	
Name of Employee Accepting Application Date	



### **YOUTH CHEERLEADING**

By completing and signing this form, the applicant and all included family members agree to abide by all City and Departmental rules and regulations.

Participants Name:					
Last:		First:		M:	
D.O.B.:	Age:	Shirt size:	(youth/adult)	Shorts size:	(youth/adult)
Address:		City:		St:	Zip:
Telephone: (Cell)		(Home)			-
School:				Grade:	
Name of Parent / G	uardian 1:			DOB:	
Email:				Cell:	
Name of Parent / G	uardian 2:			DOB:	
Email:				Cell:	
Emergency Contact:		Relation	nship:	Phone:	
Does the participant	t require assistance or s	pecial accommodation to	o participate in	the chosen activ	vity? YesNo
Explain:					
<b>Medical Conditions</b>	or Allergies?Yes	_No. <b>Explain</b> :			
		Class		Age	
		MINI		4-7	
		PEE WEE		6-9	
		PREP		8-11	
		VARSITY		11-14	
		PRO		12-15	



## PHOTOGRAPHY AND VIDEO RELEASE

	, (Guardian) in	consideration for allowing,	
(Parent/natural or legal guardian/or adult Pa	articipant)		(Participant Name)
Participant) to take part in the Cit	y's programs and events	, agree to the following:	
including portraits, digital we may be included (the P exploit the Photographs i videos, and websites and a	images, photographs or Photographs) and use, pu n whole or in part, inclu appearing in any and all n	s the full irrevocable right to tak video, of the Participant, myself a ablish, reproduce, edit, exhibit, lice ading in any written material suc nedia (presently known or unknow tute an obligation to make use of	nd my family or in which thense, distribute, or otherwish as program guides, flyers on) worldwide. However, the
associated negativ	ity all interest in the F ves are the sole property	Photographs, including copyright. of the City;	
or other content c	reated in connection witl ation related to the Pho	Photographs; inspector or approven or combination with the Photogratographic use other than the Part	aphs; or receive any royaltie
c. releases the City, use of the Photog publicity, libel, def composition form	its officials, officers, emp graphs, including that b famation or false light, on n, distortion, or other n	ployees, agents and assigns, from ased on copyright infringement, resulting from any alteration, blu modification that may occur, interocessing the Photographs, or the	invasion of privacy, right c rring, optical illusion, used i centionally or otherwise, i
(3) Guardian hereby represen			
b. is either an adult p	participant, or the natura	ty to execute this release; al or legal guardian of the Participa ant and Guardian's family;	ant, and has full authority t
c. the rights granted	•	o not conflict with or violate any	y other commitment of th
•	•	d fully understands its contents me	eaning an impact
Participant's Name (Printed)	Date of Birth	Participant's Signature	Date
Guardian's Name (Printed)	Gu	uardian's Signature	 Date
	ACADEN	MIC POLICY	
(Initial) I understand	that my child must main	ntain a 2.0 GPA, to participate in t	he Grey Ghost Youth
		erstand that they are not permitte	

for academics and athletics that will help them develop later in life.



### YOUTH SPORTS PROGRAM: CODE OF ETHICS

#### **PARTICIPANTS**

- I will encourage good sportsmanship from fellow players, coaches, officials, and parents at all times.
- I will remember that Youth Sport Programs are an opportunity to learn and have fun.
- I deserve to participate in an environment that is free of drugs, tobacco, and alcohol; and expect everyone to refrain from their use at all games and practices.
- I will do the best I can each day, remembering that all players have talents and weaknesses the same as I do.
- I will treat my coaches, and other players and coaches, game officials, other administrators and fans with respect at all times; regardless of race, sex, creed or abilities, and I will expect to be treated accordingly.
- I will play by the rules at all times.
- I will at all times control my temper, resisting the temptation to retaliate.
- I will always exercise self-control.
- Conduct during competition towards play of the games and all officials shall be in accordance with appropriate behavior.
- While traveling, players shall conduct themselves so as to being credit to themselves and their team.
- Alcohol, illegal drugs, and unauthorized prescription drugs shall not be possessed, consumed or distributed before, during or after any game or at any time at any game or field complex.

Participant's Name (Printed)	Participant's Signature	Date

#### **PARENTS**

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, game officials, and administrators at all times.
- I will place the emotional and physical well-being of the players ahead of any personal desire to win.
- I will support and not criticize the coaches, game officials and administrators working with my child in order to encourage a positive and enjoyable atmosphere for all.
- I will remember that the game is for the players; not for the adults.
- I will ask my child to treat the other players, coaches, game officials, administrators, and fans with respect.
- I will always allow the coach to be the only coach.
- I will not get into arguments with the opposing team's parents, players, or coaches.
- I will not come onto the field for any reason during the games.
- Alcohol, illegal drugs, and unauthorized prescription drugs shall not be possessed, consumed or distributed before, during, or after any game or at any time at any game or the field complex.
- I will refrain from any activity or conduct that may be detrimental or reflect adversely upon the City of South Miami's Youth Sports Programs, its members or its programs.

### I understand that the following is unacceptable behavior:

Parent's Name (Printed)

- Use of any type of profanity or abuse whether verbal, written, or electronically created.
- Use of any type of racial or ethnic slur and/or language.
- Abusive behavior toward a child (including striking and/or verbally abusing a child).
- Abusive behavior toward any parent, coach, spectator, volunteer, or official.
- Any type of threat, intimidating, or flagrant rudeness either verbal or physical.
- Knowingly allowing a child to play that is ineligible (incorrect age, weight, etc.)
- Participants in any type of gambling at any event to include games, tournaments, or practices.

suspended from participating in any City of So	uth Miami activities indefinitely. By signing	below, I acknowledge that I will
abide by the guidelines mentioned.		

Parent's Signature

Date

I understand that if I violate any of the guidelines listed, both I and my child will be removed from participation and



# WAIVER, RELEASE & INDEMNIFICATION PROGRAM / ACTIVITY PARTICIPANT FORM

Release, Waiver and Indemnification Agreement ("Agreement") for Participants

Program/Activity: 2021 South Miami Grey Ghost Cheerleading (hereinafter referred to as "activity")

Participants Name:		
Last:	First:	M:
Today's Date:		
Address:		
City:	Zip:	
Date of Birth:		
Email Address:		
PARENTS OR GUARDIANS, IF PARTI "Participant")	CIPANT IS A MINOR (hereir	nafter referred to collectively with the participant as
Parent or Guardian Name: Last:		First:
Relationship:		
Home Telephone:		
Alternate Telephone:		
Emergency Contact Phone:		
Physician's Name & Phone:		
Medical Conditions:		

## NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE CITY OF SOUTH MIAMI USES REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM THE CITY OF SOUTH MIAMI IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND THE CITY OF SOUTH MIAMI\_ HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.<sup>1</sup>

The undersigned participant, or if the participant is a minor, the participant's parents or guardians whose name appear above or who have signed this Agreement, in consideration for participation in the Activity, voluntarily consent and agree that the above named participant may engage in the Activity under the conditions of this Agreement.

<sup>&</sup>lt;sup>1</sup>744.301 Natural guardians.—

By executing this document, the undersigned(s) further agrees to the following:

The Participant hereby **WAIVES ANY CLAIM** against the event or program Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns and does hereby **COVENANT NOT TO SUE** any of them for any loss, injury, or damage to person or property arising out of the Activity referred to herein above and which is not caused by said person or entity's own negligence or intentional act or omission.

The Participant accepts and voluntarily incurs all risks of any injuries, damages, or harm which might arise during the Activity that is occurring on the City's property or during a City sponsored event due to the negligence or other fault of the Participant or anyone acting through or on behalf of the Participant.

The Participant shall indemnify, defend, save and hold City, its officials, officers, agents, affiliates, employees, successors and assigns, harmless from any and all damages, claims, liability, losses, claims, demands, suits, fines, judgments or cost and expenses, including reasonable attorney's fees, paralegal fees and investigative costs incidental there to and incurred prior to, during or following any litigation, mediation, arbitration and at all appellate levels, which may be suffered by, or accrued against, charged to or recoverable from the City of South Miami, its officials, officers, agents, affiliates, employees, successors and assigns, by reason of any causes of actions or claim of any kind or nature, including claims for injury to, or death of any person or persons and for the loss or damage to any property arising out of a negligent act, omission, misconduct, or intentional act or omission of the Participant, or anyone acting through or on behalf of the Participant, and arising out of this Agreement, incident to it, or resulting from or arising out of the Activity.

The Participant shall pay all claims, losses and expenses of any kind or nature whatsoever, in connection therewith, including the expense or loss of the City and/or its affected officials, officers, agents, affiliates, employees, successors and assigns, including their attorney's fees in the defense of any action in law or equity brought against them and arising from the negligent act, omission, misconduct, or intentional act or omission of the Participant, or anyone acting through or on behalf of the Participant, and arising out of this Agreement, incident to it, or resulting from or arising out of the Activity. The Participant has the duty to provide a defense with an attorney or law firm approved by the City, which approval will not be unreasonably withheld.

The Participant agrees and recognizes that neither the City nor its officials, officers, agents, affiliates, employees, successors and assigns shall be held liable or responsible for any claims, including the costs and expenses of defending such claims which may result from or arise out of actions or omissions of the Participant, or any of their agents, representatives, employees, or assigns, or anyone acting through or on behalf of the Participant, and arising out of or concerning the Activity or this Agreement. In reviewing, approving or rejecting any acts or omissions of the Participant, or any of their agents, representatives, employees, or assigns, or anyone acting through or on behalf of the Participant, the City in no way assumes or shares responsibility or liability for any of their acts or omissions.

Nothing contained in this Agreement is in any way intended to be a waiver of the limitation placed upon the City's liability as set forth in Section 768.28, Florida Statutes. Additionally, the City does not waive sovereign immunity, and no claim or award against the City shall include attorney's fees, investigative costs or pre-judgment interest.

The Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns are hereby authorized to call my physician and/or to arrange for transportation to a hospital in the event of any injury to the participant. However, it is agreed that neither Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns are responsible to do so.

In the event Participant is under the age of 18, both parents, or the legal guardians of Participant, consent and agree that the Activity named above, provides the Participant with an essential element of knowledge or life skill which may personally benefit Participant's development in society.

In the event that a court of competent jurisdiction determines that the Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns can not totally limit their liability as provided in this Agreement, then the Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns desires to enter into this Agreement only if in so doing the Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns can place a limit on their liability as well as the liability of their officers, agents and employees for any claim for money damages arising out of the Activity, so that their liability can never exceeds the sum of \$1,000.00. Therefore, the undersigned, individually or as the parents or guardians of the Participant, hereby agrees, that in consideration for the participant being allowed to engage in the Activity, neither the Participant nor his or her parents or guardians shall have any right to recover any damages to property or for personal injury or death in an amount exceeding \$1,000.00 from the Promoter, Sponsor, Instructor and City and their officials, officers, agents, affiliates, employees, successors and assigns.

This Agreement shall be binding on all heirs, successors and assigns of the Participant, and the Participant's parents and guardians if the participant is under the age of 18 years.

All of the undersigned's have fully read, understood and agreed to each and every term contained in this Release, Waiver and Indemnification Agreement and they acknowledge by signing this Agreement that they have had an opportunity to have this document reviewed by an attorney of their choosing.

WITNESS SIGNATURE:	PARTICIPANT/PARENT OR GUARDIAN: SIGNATURE (if participant is under the age of 18)
(PRINT NAME)	(PRINT NAME)
(SIGNATURE)	(SIGNATURE)
	PARTICIPANT/PARENT OR GUARDIAN SIGNATURE (if participant is under the age of 18)
(PRINT NAME)	(PRINT NAME)
(SIGNATURE)	(SIGNATURE)



# Consent and Release from Liability Certificate for Sudden Cardiac Arrest and Concussion

### **Sudden Cardiac Arrest**

Sudden cardiac arrest is a leading cause of sports-related death. This policy provides procedures for educational requirements of all paid coaches and recommends added training. Sudden cardiac arrest is a condition in which the heart suddenly and unexpectedly stops beating. If this happens, blood stops owing to the brain and other vital organs. SCA can cause death if it's not treated within minutes.

Symptoms of sudden cardiac arrest include, but not limited to: sudden collapse, no pulse, no breathing. Warning signs associated with sudden cardiac arrest include: fainting during exercise or activity, shortness of breath, racing heart rate, dizziness, chest pains, extreme fatigue.

It is strongly recommended all coaches, whether paid or volunteer, are regularly trained in CPR and the use of an AED. Training is encouraged through agencies that provide hands-on training and offer certificates that include an expiration date.

Automatic external defibrillators (AEDs) are required at all FHSAA State Series games, tournaments and meets. The FHSAA also strongly recommends that they be available at all preseason and regular season events as well along with coaches/individuals trained in CPR.

What to do if your student-athlete collapses:

- 1. Call 911
- 2. Send for an AED
- 3. Begin compressions

### **Concussions**

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

I acknowledge the annual requirement for my child/ward to view "Concussion in Sports-What You Need to Know" at www.nfhslearn. com. As well, I acknowledge optional educational opportunities in cardiac arrest at www.sportsafetyinternational.org. Please go to www.fhsaa.org/departments/health for further instructions to view the courses.

I have been advised of the dangers of participation for myself and that of my child/ward.

Name of Student-Athlete (printed)

Name of Parent/Guardian (printed)

Signature of Parent/Guardian

Date



# Miami-Dade Xtreme Youth Football League 2021 Physical Fitness & Medical History Form

**Special Note:** This form must be dated after January 1, 2021, and then submitted to the Miami-Dade Xtreme Youth Football League. No other forms are acceptable unless Section II is modified or substituted **ONLY** to comply with local and/or state laws or because of medical practitioner regulations (i.e. the medical practice insists on using their own form). In either case, Section I must be filled out entirely and attached to the modified/substituted form. Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, nurse practitioner, etc.)

### Section I: For Completion only by Parent/Guardian

Last:	First:		Middle:
Address:	City:	State:	Zip:
Telephone No:	Date of Birth:	Male	Female
Name of Primary Medical Insura	nce Company:		
Policy Number:	Member Number:		
Participant Medical Histo	ory		
Are there any injuries requiring r	nedical attention?	Ye	s No
Are there any past surgeries or s			s No
Is the participant currently unde	r the care of a medical practitioner?		s No
Is the participant currently taking	g any medications?	Ye	s No
Does the participant have any all	lergies (penicillin, bee stings, etc)?	Ye	s No
Does the participant have asthm	a/require the use of an inhaler?	Ye	s No
Is the participant diabetic/requir	e medication for diabetes?	Ye	s No
Does the participant currently re	quire medication?	Ye	s No
Does/has the participant have/h	ad seizures?		s No
Does the participant wear glasse		Ye	s No
·	e or other medical support device?	Ye	s No
Does the participant have any ot	· ·	Ye	s No
Does the participant have any ot	her medical conditions?	Ye	s No
If you answered yes to any of the in the below listed space:	e above listed questions, please provid	e the numbe	er of the question and a

I hereby certify that this information is accurate to the best of my knowledge. I understand that this medical authorization may be voided in the event of an injury, illness or accident and my child may not be cleared for

participation at such time. Furthermore, I hereby acknowledge that it is my responsibility to inform my child's coach or organization official in writing if there is any change in the medical condition of my child. I also understand that it's my responsibility to obtain written permission from my child's physician on official medical stationary in order to seek permission for my child to resume participation after any and all such injury, illness, or accident.

Signature of Parent/Legal Guardian:		
Print:	Relationship to Part	icipant:
Dated:		
Section II: This Section is to be completed on (Please check the following if healthy or note	• •	onal
Name of Participant:		-
Height: Weight: Eyes: Ea	rs: Mouth:	Nose & Throat:
Respiratory: Cardiovascular: N	eurological: Mus	k Skeletal:
Dermatological: Blood Pressure:	_	
that he/she will be involved in participating physically fit and I have found no medical reactivities for the 2021 Season. Therefore, I a limitations.	in cheerleading. I hereleason which would prevent of the participation o	rent the participant from safely participating in ant for athletic participation without any
Please complete the below listed section and	I place medical profession	onal stamp:  Medical Stamp Required Here:
Date:		medical stamp nequired nere:
Signed:		
Print Name:		
Please indicate medical profession (M.D., D	.O. R.N., etc.)	_
Address:	City:	State:
Telephone:	Fax Number:	

Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, nurse practitioner, etc. – this may vary by state). NO other forms are acceptable unless Section II is modified or substituted ONLY to comply with local and/or state laws or because of medical practitioner regulations (i.e. the medical practice insists on using its own form). In either case, Section I must still be filled out entirely and attached to the modified/substituted form.